

Cheer/Dance

HABD offers cheer/dance classes periodically. Cheer/Dance consists of the following: Basic Ballet /Yoga Techniques and Fundamentals; Drills & Exercise Regimen; Creative; Modern; Contemporary Dance. Youth are taught dance technique to prepare them for any school or other community dance/cheer recreation curriculum team tryouts.

Hip Hop dance class was held for youth residents. This choreography class taught youth how to create routines and how to teach others with patience. Youth are also taught proper etiquette, good mannerism, and temperamental control techniques during each dance/cheer course.

