

Intramural Sports

(Intramural sports vary throughout the year)

In a time when the United States is struggling with a widespread obesity problem, physical activity couldn't be more important for the nation's health. Intramural sports aren't just good for the fun of it allows you to reap rewards for your health, social life, and even academic pursuits.

Dodgeball

HABD hosts Intramural Dodgeball periodically with two age groups: Varsity - Ages 11 – 13 and Jr. Varsity - Ages 8 – 10. Teams travel to compete with other sites.

